



Lucky Gal Suggested Aftercare for Paramedical Tattooing

First and foremost, thank you!! Your continued support of local artists is what keeps us going.

We want you to be happy with your paramedical tattoo experience so please if you have a problem or Or concern come talk to us. We want you happy!! Happy customers mean repeat business and your friends are potential new clients. If you like what we did please spread the good word.

Again, Thank you from all of us at Lucky Gal Tattoo and Piercing.

Sincerely, Your Lucky Gal Family

Your results depend greatly on how well you care for your skin during healing. Healing times vary by person. If you notice signs of infection (increased redness, warmth, swelling, discharge, or pain, contact us immediately. Please follow these instructions closely to support optimal results and avoid complications.

3D Areola, Gender-Affirming Tattoo Aftercare:

- Days 1- 7: Keep the Tegaderm clear bandage on for up to 7 days. It protects the tattoo from bacteria and friction. You may shower with it on but avoid direct spray. Do not soak in water or engage in heavy sweating or exercise. Bandage is most easily removed in the shower pulling up one corner and slowing pulling off at an angle.
- Day 7-30: After bandage removal: Wash gently with fragrance-free soap and water, pat dry. Apply a thin layer of balm. Avoid friction from clothing. Do not reapply adhesive coverings or pick at healing skin.
- Healing and Long-Term Care: The tattoo may appear dark before softening to its natural tone. A touch-up (free of charge) may be needed after 8-12 weeks. Touch-ups after 3 months will be 30% of the total original price. Touch-ups after a year will be 70% of original cost. Apply SPF 30+ to protected healed areas and maintain pigment integrity.

Stretchmark and Scar Camouflage Aftercare:

- No bandage is typically needed after your camouflage treatment.
- Gently wash the area with warm, soapy water after 24 hours, then pat dry.
- Apply aftercare product 2-3 times daily to keep the area moisturized.

Collagen Induction Therapy (Microneedling) Aftercare:

- A bandage is typically not needed after treatment.
- Gently wash the area with warm, soapy water after 24 hours, then pat dry. Apply recommended aftercare product.
- The skin typically looks and feels like a mild sunburn for 36-72 hours, after which most visible redness subsides.
- Avoid makeup, sweating, and direct sun exposure for 48 hours post-treatment.
- Use only gently, hydrating skincare products (like hyaluronic acid or soothing serums) during the first few days.
- Avoid retinols, acids, or exfoliants for at least one week.
- Long-term skin care: keep the treated area hydrated and protected from sun (SPF 30+). Avoid harsh treatments or laser directly over the area unless cleared by your provider. A touch-up may be recommended after 6-8 weeks, for best results.

What to avoid:

- Do not pick or scratch the treatment area while it's peeling.
- Avoid sun exposure for up to 4 weeks (mineral-based sunscreen if needed or keep covered).
- Avoid sweating or strenuous workouts for at least 48-72 hours – sweating may burn.
- Avoid super tight clothing in the treatment area for the first couple of weeks.
- Do not soak the area. No swimming, baths, hot tubs, or saunas for up to 4-6 weeks.
- You must be fully healed before you are seen for your next session.

IF YOU HAVE ANY QUESTIONS OR PROBLEMS, PLEASE DO NOT HESITATE TO CONTACT US

Lucky Gal Tattoo & Piercing / 515-257-7940 / www.luckygaltattoo.com