



## Lucky Gal Suggested Aftercare for Paramedical Tattooing

First and foremost, thank you!! Your continued support of local artists is what keeps us going. We want you to be happy with your paramedical tattoo experience so please if you have a problem or concern come talk to us. We don't bite. We make our living on your hard-earned dollars. We want you happy!! Happy customers mean repeat business and your friends are potential new clients. If you like what we did please spread the good word. Again, Thank you from all of us at Lucky Gal Tattoo and Piercing.

Sincerely, Your Lucky Gal Family

### Scar Resurfacing Aftercare:

- Treat it like a chemical peel, you will have scabbing – AVOID PICKING OR PEELING OFF (this can cause more hyperpigmentation)
- Apply A&D ointment if the area feels tight or is itching – as much as needed.
- You can very GENTLY exfoliate the area AFTER the scab falls off.
- After 2 weeks (or when the scab falls off) – you are to start applying the scar resurfacing after-care serum provided to you. Twice daily or as needed. **Keep the treatment area as hydrated as possible.**
- Healing may take up to 6-10 weeks.

### Camouflage Aftercare:

- You can wash the area the same day and wait at least 4 hours before washing. Wash gently with antibacterial soap or a gentle scent-free cleanser – **NO SCRUBBING!**
- Apply A&D ointment or CeraVe Healing Ointment/Aquaphor – 3x a day (or more if needed) for the first 14 days.
- Flaking and “scabbing” is normal – AVOID PICKING OR PEELING OFF (this can cause hyperpigmentation).
- While the healing process is happening, the pigment can appear to be darker, but this will lighten as the peeling/flaking and healing continues. Healing can take up to 6-8 weeks.

### Ink-less Aftercare:

- You can wash the treatment area on the day of the treatment, gently.
- Start applying the after-care serum immediately, or within the next few hours after treatment. You can use it twice daily or as much as needed. It is important to not let the area dry out completely.
- Please be patient with the healing process – remember the process the stretch marks went through to begin with (red, puffy, purple, dark, then starts to fade). You should see improvement in the texture of them within the next few days. Healing may take up to 6-8 weeks.
- If you run out of the aftercare serum I will send you a link to a Vit E serum on Amazon you can purchase. A serum will need to be used until you are seen next. For the peeling, I recommend using CeraVe Healing ointment or Aquaphor at night.

### What to avoid:

- Do not pick or scratch the treatment area while it's peeling.
- Avoid sun exposure for up to 4 weeks (mineral-based sunscreen if needed or keep covered).
- Avoid sweating or strenuous workouts for at least 48-72 hours – sweating may burn.
- Avoid super tight clothing in the treatment area for the first couple of weeks.
- Do not soak the area. No swimming, baths, hot tubs, or saunas for up to 4-6 weeks.
- You must be fully healed before you are seen for your next session.

**IF YOU HAVE ANY QUESTIONS OR PROBLEMS, PLEASE DO NOT HESITATE TO TEXT ME AT 417-388-4666.**

**Lucky Gal Tattoo & Piercing**  
[www.luckygaltattoo.com](http://www.luckygaltattoo.com)