



## Lucky Gal Laser Removal Aftercare Form

You have had a laser treatment of your tattoo. The area is discolored; a crust most likely will form, lasting several days. Please read the following carefully. This information will help you know what to expect, and how to care for the treated area.

### WHAT TO EXPECT:

- The treated area may swell somewhat. With extensive treatment (such as the entire forearm), swelling of the treated area and surrounding skin may last 2-4 days. Swelling is a result of the heat from laser energy, and represents inflammation, not infection. It is a normal and expected part of the healing process. Apply cold packs as soon as possible post treatment, for several hours to help reduce any swelling.
- Blistering, scabbing, crusting or pin-point bleeding is also normal. They will not interfere in any way with healing and do not mean the area will scar. DO NOT manually rupture any blisters that may occur. Any scabs or crusting should be allowed to fall off on their own. Once blistering, scabbing or crusting goes away, the body gradually continues the fading process for several weeks. The final result of each treatment may not be seen until 4-6 weeks later.
- Immediately following treatment, there will be a red discoloration of the skin. This normally heals within 7-10 days. The tattoo will appear foggy and begin its fading process over the next month. Nearly all tattoos require multiple treatments to achieve maximal clearing and are usually scheduled every 4-6 weeks.
- If the treatment area shows signs of infection – profound redness, swelling or tenderness, or pus the proper therapeutic care must be adopted.
- Note: unhealthy lifestyle choices (i.e. smoking, excessive alcohol drinking, unhealthy eating, etc.) can impact or slow down the success of treated area.

### CARE OF TREATED AREA:

- Apply a thin coat of an antibiotic ointment (i.e. Neosporin) the treated area twice a day for 7 days, or until the surface looks healed. You can keep it covered with a non-adhering gauze pad the first 24 hours, if needed.
- Showering/bathing is permitted after 24 hours. Gently pat the area dry; do not rub with a towel or washcloth as this may disrupt the crusting/scabbing process. Swimming is permitted once any scabs have come off (5-10 days).
- Do not apply make-up until all treated areas are dry and healed.
- Protect your skin from the sun for the first 2 weeks. Use clothing as a cover-up and apply SPF 40 UVA/UVB waterproof sunscreen to protect the treated area from direct sun exposure.
- You may take pain relievers such as Tylenol, aspirin, or ibuprofen if there is any discomfort after treatment.
- Remember to apply cold packs to help reduce swelling and the feeling of heat every 5-10 minutes until heat sensation diminishes. It is very important to COOL IT OFF!!

**IF YOU HAVE ANY QUESTIONS OR PROBLEMS, PLEASE CONTACT US AT 515-257-7940, OPTION 1.**

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